

# The Human Trisome Project

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University of Colorado School of Medicine



# A network of affiliate organizations working together to improve the lives of people with Down syndrome



# Mission & Vision

## Mission

Significantly improve the lives of all people with Down syndrome

## Vision

Provide the world's first fully integrated institute for Down syndrome with the highest quality basic, translational and clinical research, clinical trials, therapeutic development, medical care, education and advocacy in the pursuit of the mission.

# Our motto:

*‘Nothing in the study of  
Down syndrome makes sense  
except in the light of  
Personalized Medicine’*

# What are the ill effects of trisomy 21?

Conditions commonly affecting children with trisomy 21:

Condition	%
Hearing Problems	75
Vision Problems	60
Cataracts	15
Refractive errors	50
Obstructive Sleep Apnea	50-75
Otitis Media	50-70
Congenital Heart Disease	40-50
Hypodontia and delayed dental eruption	23
Gastrointestinal Atresias	12
Thyroid Disease	4-18
Seizures	1-13
Hematologic Problems	
Anemia	3
Iron Deficiency	10
Transient Myeloproliferative Disorder	10
Leukemia	1
Celiac Disease	5
Autism	1-10%

**Observation:** there is no **100%** in this table

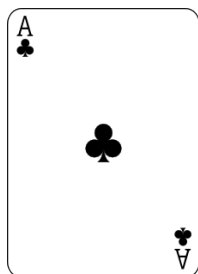
# Nothing in the study of Down syndrome makes sense except in the light of Precision Medicine

Trisomy 21



Down syndrome

Celiac Disease



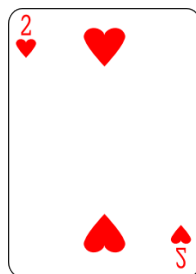
~5%

Intestinal Atresias



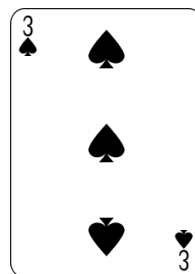
~12%

Thyroid Dysfunction



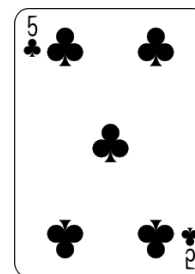
up to 18%

Seizures



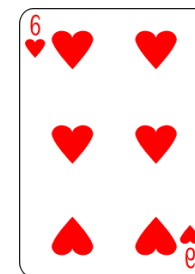
up to 13%

Leukemia



~1%

Congenital Heart Defects



40-50%

Autism



up to 10%

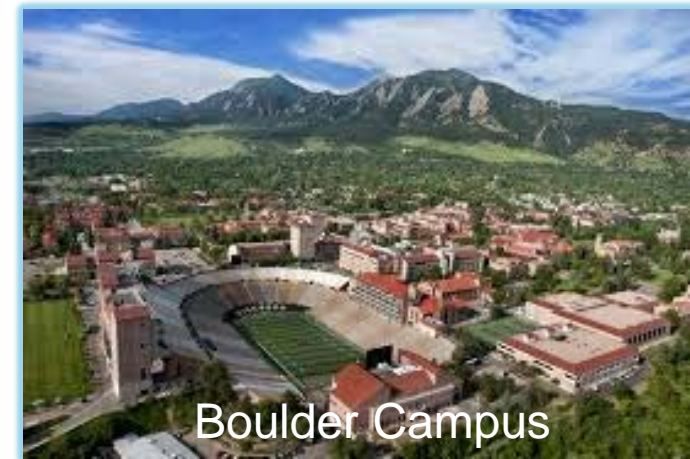


# The largest geographical cluster of scientists investigating Down syndrome

5 Intramural Research Teams  
~40 Extramural Research Teams  
2 campuses  
11 academic departments



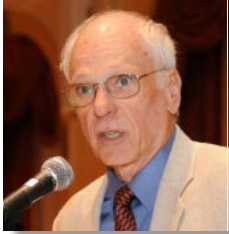
34 miles



Keywords:

**Collaborative, Multidisciplinary, Integrative**

# Research on cognition, autism and brain function at the Crnic Institute



**Steven Maier, PhD**

Understand the contribution of inflammation in the brain to cognitive deficits in Down syndrome



**Zhe Chen, PhD**

Study how trisomy 21 affects the formation of neuron axons in the brain



**Ken Maclean, PhD**

Test the impact of the cellular response to unfolded proteins caused by trisomy 21 on cognitive deficits in Down syndrome



**Jerry Stitzel, PhD**

Study gene expression changes in a key set of neurons strongly affected in people with Down syndrome



**Kevin Jones, PhD**

Investigate the impact of the protein BDNF in the brain pathology of Down syndrome using mouse models



**Tamim Shaikh, PhD**

Research on genetic modifiers of autism spectrum disorders in people with Down syndrome

All these research projects have the potential to reveal novel therapeutic approaches



# Research on the immune system and autoimmune conditions at the Crnic Institute



**Elena Hsieh, MD**

Investigates how variations in the immune cell repertoire may affect autoimmunity in people with Down syndrome.



**Michael Yeager, PhD**

Investigates the role of the immune system in lung function and bacterial infections in Down syndrome.



**Richard Spritz, PhD**

Investigates novel genes driving autoimmunity in Down syndrome – thyroid disease, Type I diabetes, rheumatoid arthritis and vitiligo.

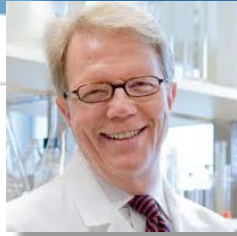


**Kelly Sullivan, PhD**

Investigates the role of the interferon pathway, a branch of the immune system that is constitutively activated in people with Down syndrome

These research projects could illuminate new ways to diagnose and treat autoimmune disorders in people with Down syndrome

# Alzheimer's research at the Crnic Institute



**Huntington Potter, PhD**

Currently performing clinical trials to test the efficacy of the protein GMCSF in the treatment of Alzheimer's disease



**Matthew Kennedy, PhD**

Investigates how increased beta-amyloid production causes loss of neuron function to find targets for future therapies



**Brianne Bettcher, MD**

Investigating the role of inflammation in cognitive decline and progression of Alzheimer's disease.



**Mark Dell'Acqua, PhD**

Studies the role of calcium signaling in inhibition of neuronal function by beta-amyloid plaques in Down syndrome



**Charles Hoeffler, PhD**

Investigates the impact of the RCAN1 gene on chromosome 21 in the development of Alzheimer's disease-related neuropathology

# Stem cell research at the Crnic Institute



**Bradley Olwin, PhD**

Investigates the role of muscle stem cells in dysfunction of the muscular-skeletal system in Down syndrome



**Christopher Link, PhD**

Investigates changes in gene expression caused by trisomy 21 in pluripotent stem cells and neurons derived from these cells



**William Old, PhD**

Employs advanced mass-spectrometry technology to investigate changes in protein expression caused by trisomy 21 in stem cells and neuronal progenitors

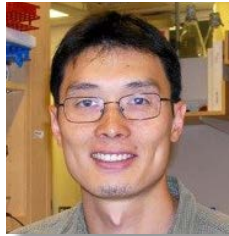
Stem cell research is of fundamental importance, because stem cell dysfunction could explain many of the conditions associated with Down syndrome

# Leukemia research at the Crnic Institute



**James DeGregori, PhD**

Studies problems with blood cell production in individuals with Down syndrome to understand the increase risk of leukemia and immune dysfunction



**Rui Yi, PhD**

Investigates the effect of trisomy 21 on gene expression control in blood cells, with a focus on oncogenes that could drive leukemia development.



**Holly Pacenta, MD**

Investigates novel non-toxic therapeutic strategies for the treatment of the various types leukemia showing increased incidence in people with Down syndrome

The goal of these projects is not only to reveal why there is an increased risk of leukemia, but also to identify and test gentler, non-toxic therapies.

# Advanced genetic and genomics research at the Crnic Institute



**Robin Dowell, PhD**

Employs advanced genomics approaches to understand how trisomy 21 leads to changes in gene activity across the genome



**Chad Pearson, PhD**

Investigates differences in how cells with trisomy 21 sense their environment and undergo proliferation



**Tom Blumenthal, PhD**

Investigates changes in the levels of thousands of proteins in the blood of people with Down syndrome, which could reveal new diagnostics and therapeutics



**Changwei Liu, PhD**

Investigates the gene USP16 on chromosome 21, which is known 'epigenetic regulator' with a role in stem cell function

The goal of these projects is to gain better mechanistic understanding of how trisomy 21 affects cellular and organismal behavior at the molecular level, with the potential for far reaching impacts in the clinic.



# How will this research benefit people with Down syndrome?

The ultimate goal of the research portfolio is to enable the design of:

- 1. Novel diagnostics tools for early detection of common co-morbidities.**
- 2. Personalized therapeutic interventions.**

Examples:

Prenatal detection of congenital heart defects leading to early heart surgery.

Early diagnosis of hypothyroidism leading to hormone supplementation therapy.

# How will this research benefit people with Down syndrome?

Some key outstanding questions:

What are the 'biomarkers' that could predict the appearance and severity of:

- Early onset of Alzheimer's-related dementia
  - Infantile spasms/seizures/epilepsy
    - Autism
  - Pulmonary arterial hypertension (PAH)
- Autoimmune disorders (e.g. type I diabetes, alopecia areata, vitiligo, rheumatoid arthritis)
  - etc, etc

# The Human Trisome Project

**The largest, most detailed study  
of the human population with trisomy 21**

**Employing the most advanced  
technology in precision personalized  
medicine to understand the multiple  
effects of trisomy 21**

# Project goals

1. To enable a Precision Medicine approach to Down syndrome.
2. To define how trisomy 21 causes a novel disease spectrum.
3. To develop novel diagnostic and therapeutic tools that will benefit those with trisomy 21, and also millions of typical individuals.

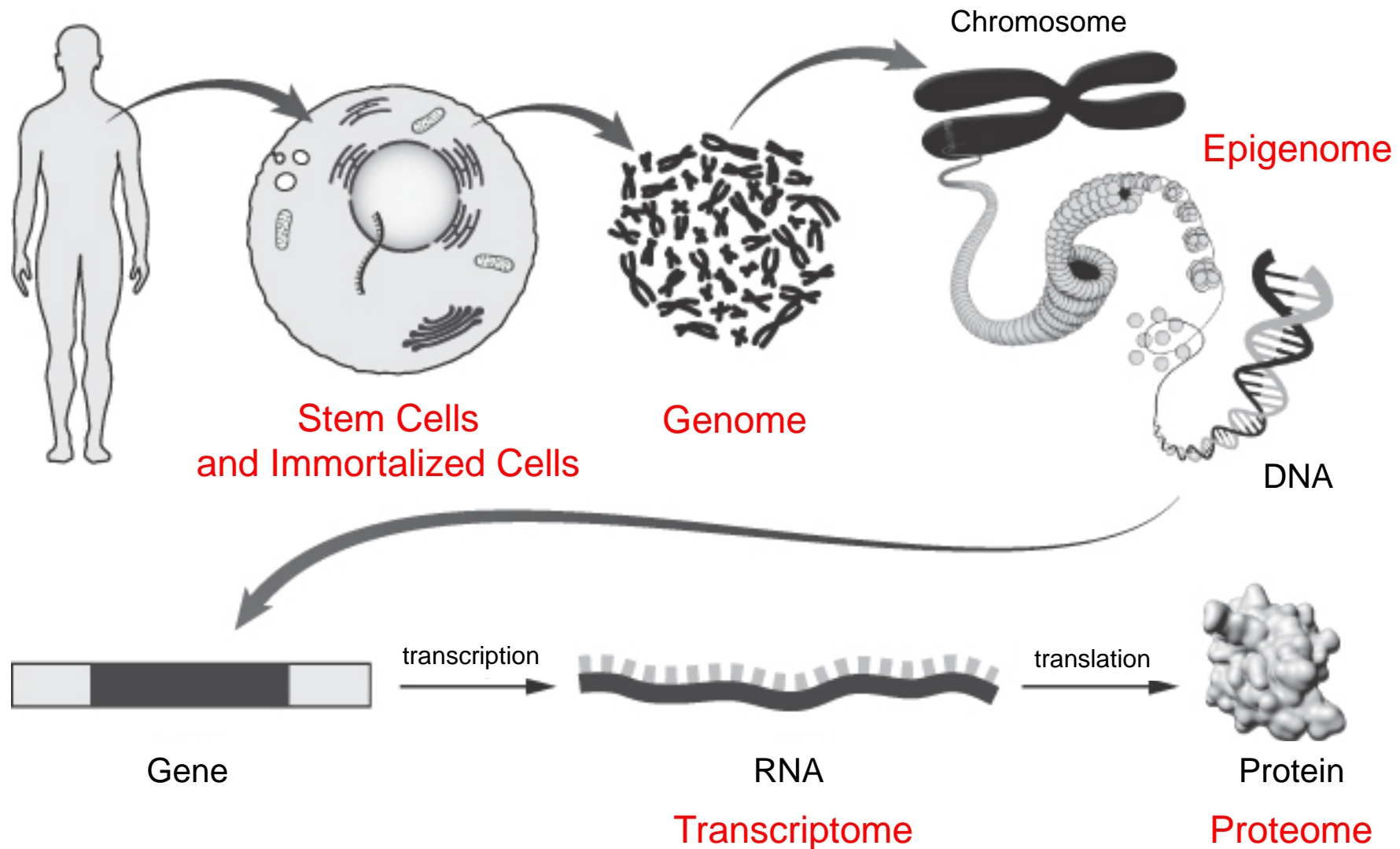
# Project goals – short term

1. To massively accelerate the pace of Down syndrome research.
2. To complete the most comprehensive cohort study of a population of individuals with trisomy 21 to date.
3. To create the largest public database for Down syndrome research to date.
4. To create the most comprehensive biobank of biological samples for Down syndrome research.



# Opening the Black Box: The Ten Layers

Digital  
Phenotypes

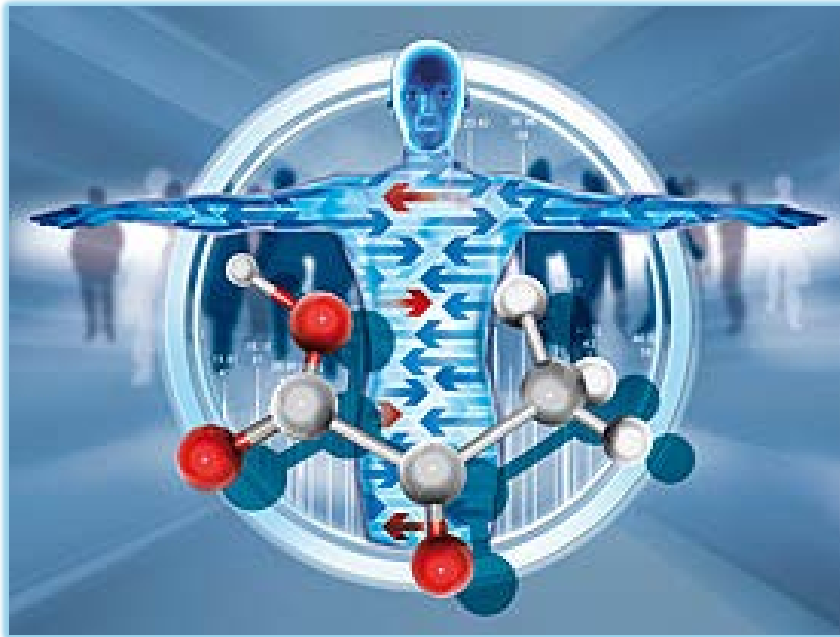


## Opening the Black Box: The Ten Layers

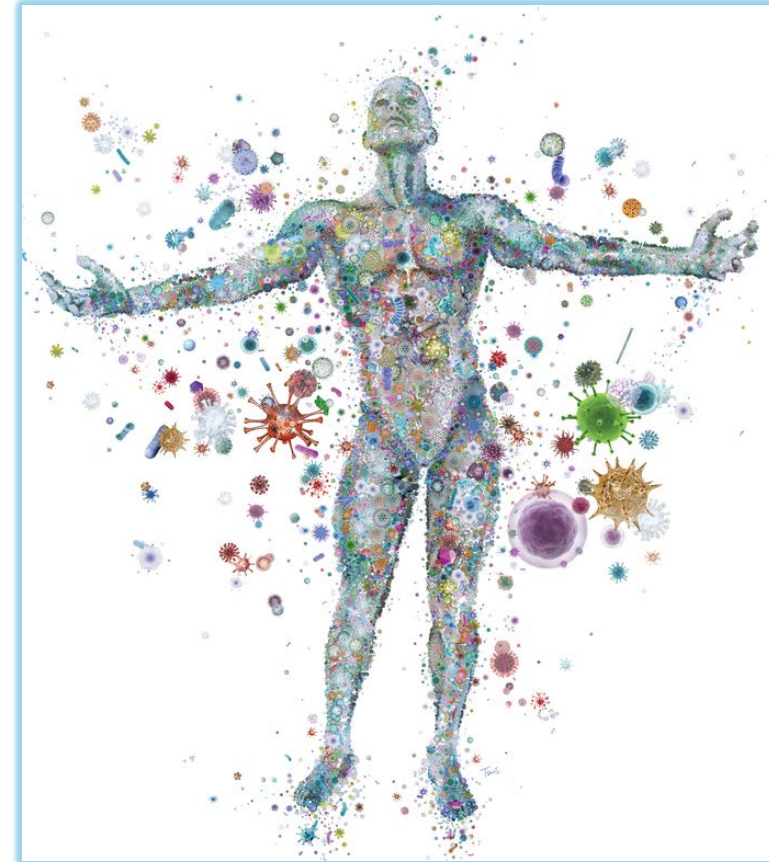
GLOBAL  
DOWN SYNDROME  
FOUNDATION

Microbiome

Metabolome



Metabolites (e.g. sugars, lipids,  
aminoacids, neurotransmitters)



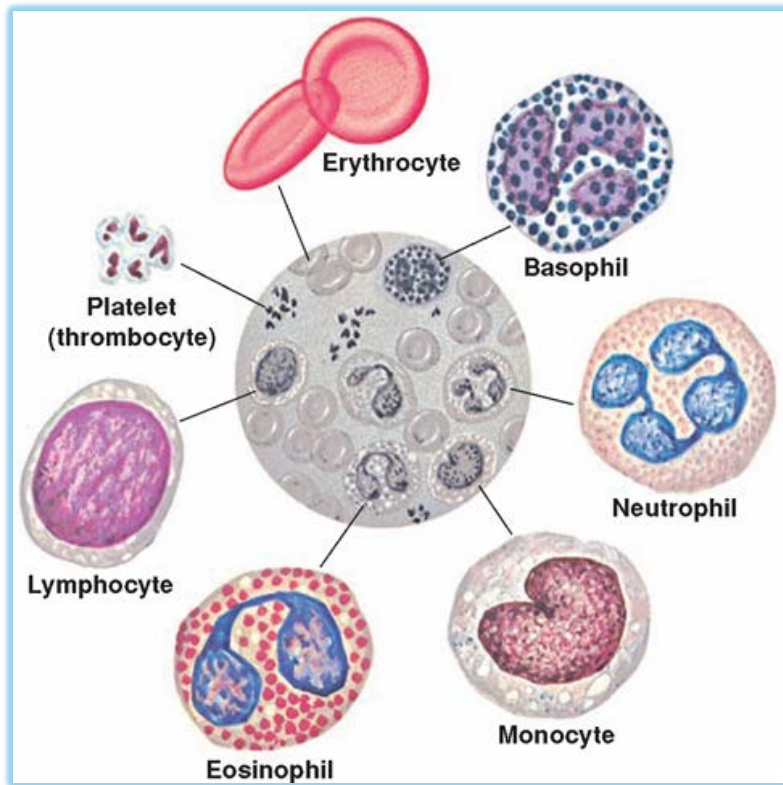
Our 'other genome'

*DSAIA Leadership Conference – Denver, CO*

*Saturday, February 24, 2018*

# Opening the Black Box: The Ten Layers

## Bloodworks and Immune Phenotype



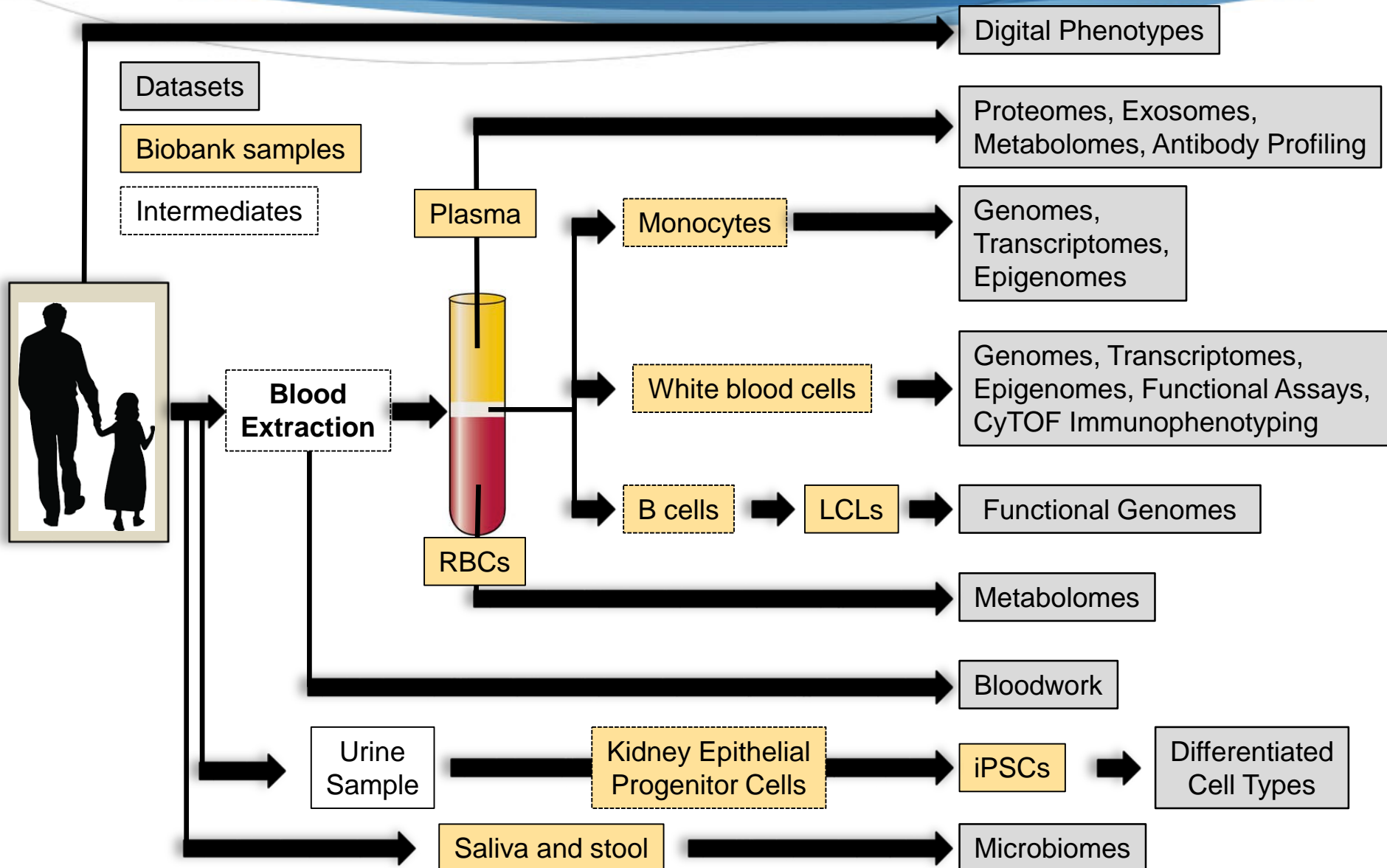
Characterizing the blood  
and the immune system  
with exquisite detail

## Functional Genomes



Using molecular scissors (CRISPR-Cas9)  
to find the genes that matter

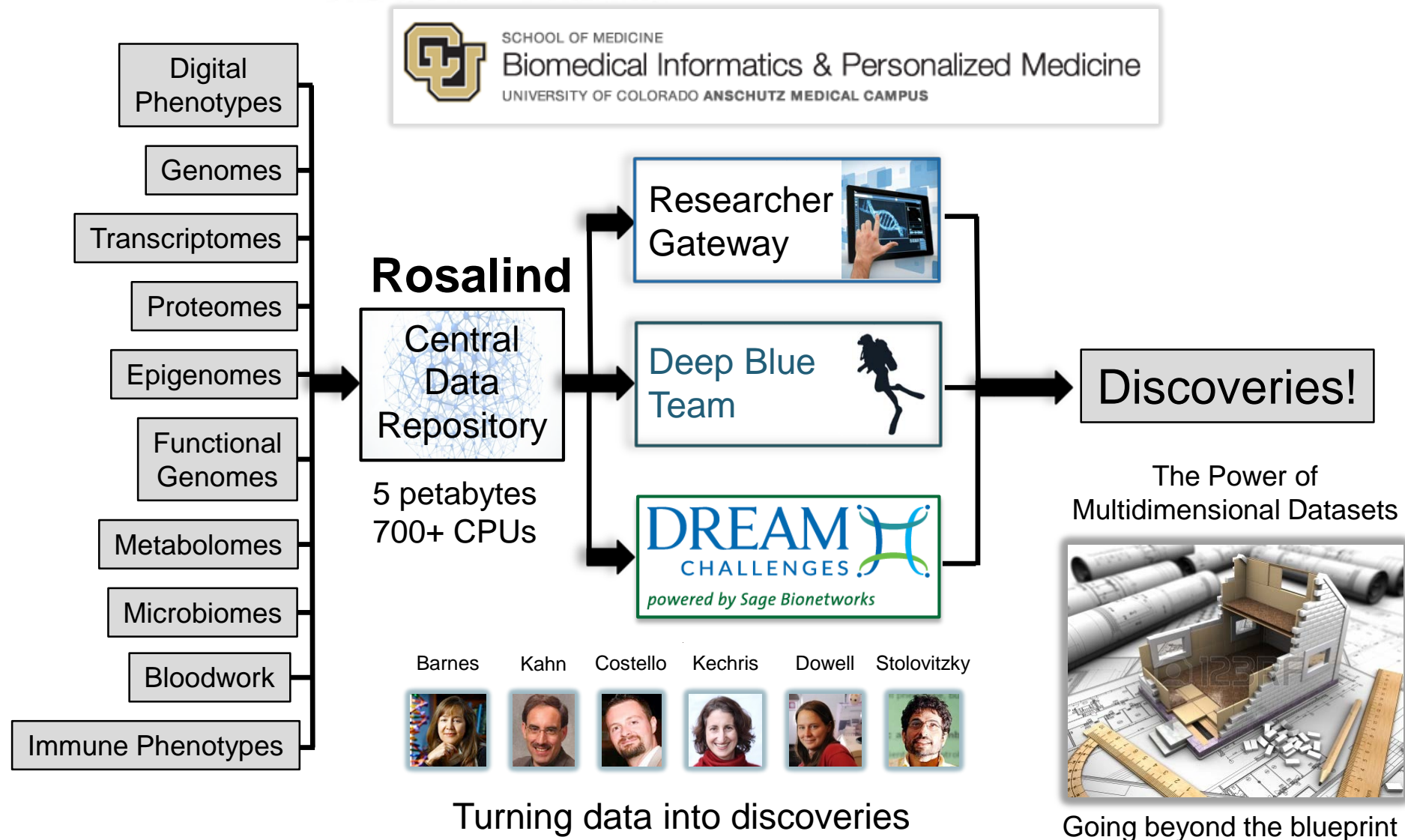
# A large cohort study with multi-omics datasets, deep clinical data and a matching multi-dimensional biobank



LCLs: lymphoblast cell lines, iPSCs: induced pluripotent stem cells, RBCs: red blood cells

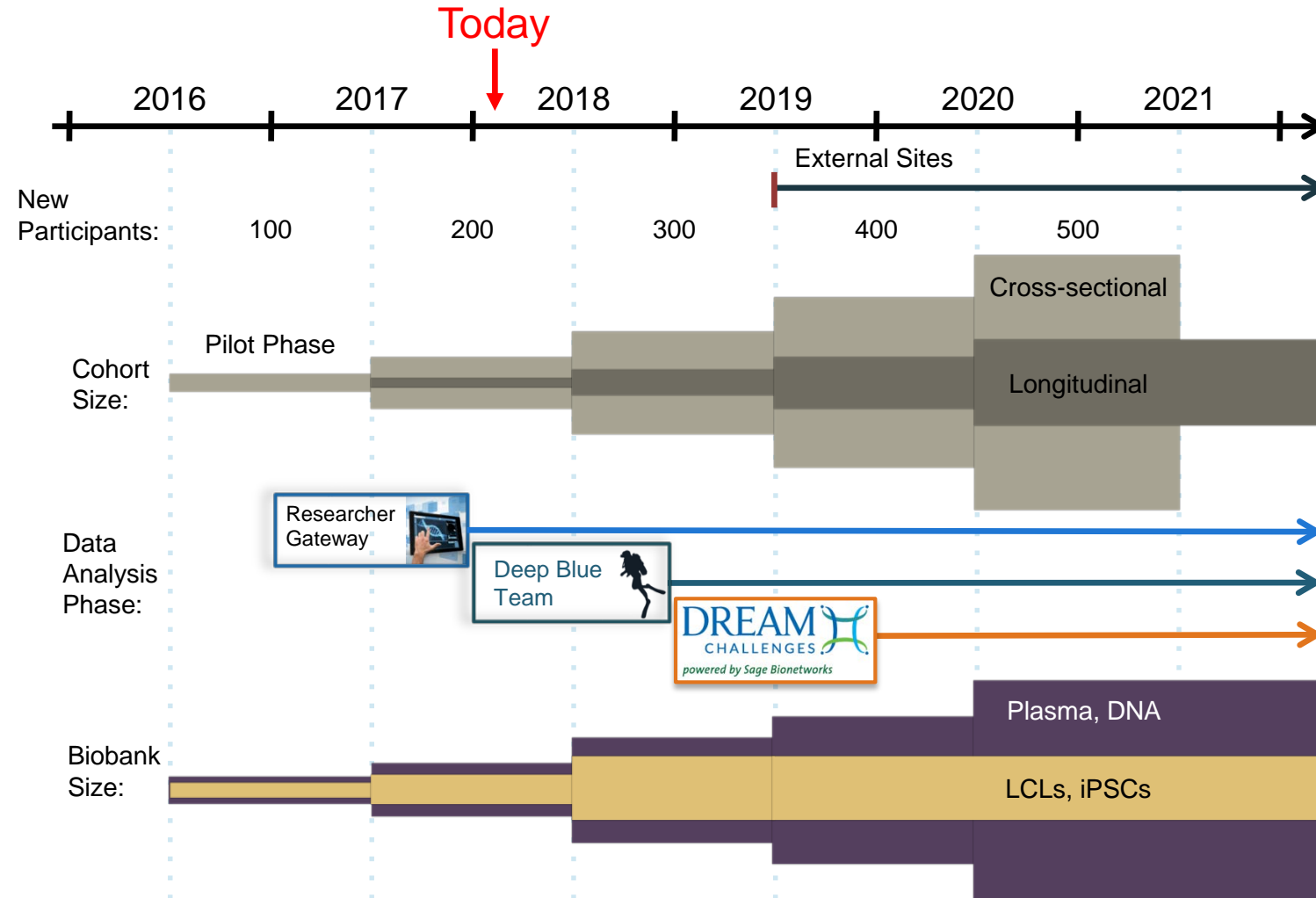


# One of the largest datasets ever produced for any medical condition





# The project involves cross-sectional and longitudinal aspects, a large multi-dimensional biobank and eventual participation of external sites



Original timeline proposed in December 2015

LCLs: lymphoblast cell lines, iPSCs: induced pluripotent stem cells

**343** participants consented to date!

HTP00001



October 10, 2016

HTP00300



September 7, 2017



**Any cool results yet?**

# Trisomy 21 consistently activates the interferon response

Kelly D Sullivan<sup>1,2,3,4\*</sup>, Hannah C Lewis<sup>1,2</sup>, Amanda A Hill<sup>1,2</sup>, Ahwan Pandey<sup>1,2,3,4</sup>, Leisa P Jackson<sup>1,3,4</sup>, Joseph M Cabral<sup>1,3,4</sup>, Keith P Smith<sup>1</sup>, L Alexander Liggett<sup>1,5</sup>, Eliana B Gomez<sup>1,3,4</sup>, Matthew D Galbraith<sup>1,2,3,4</sup>, James DeGregori<sup>1,5,6,7,8,9</sup>, Joaquín M Espinosa<sup>1,2,3,4\*</sup>

July 2016

Kelly  
Sullivan



TRISOMY 21

## Signaling a link between interferon and the traits of Down syndrome

Elevated interferon signaling is a hallmark of Down syndrome.

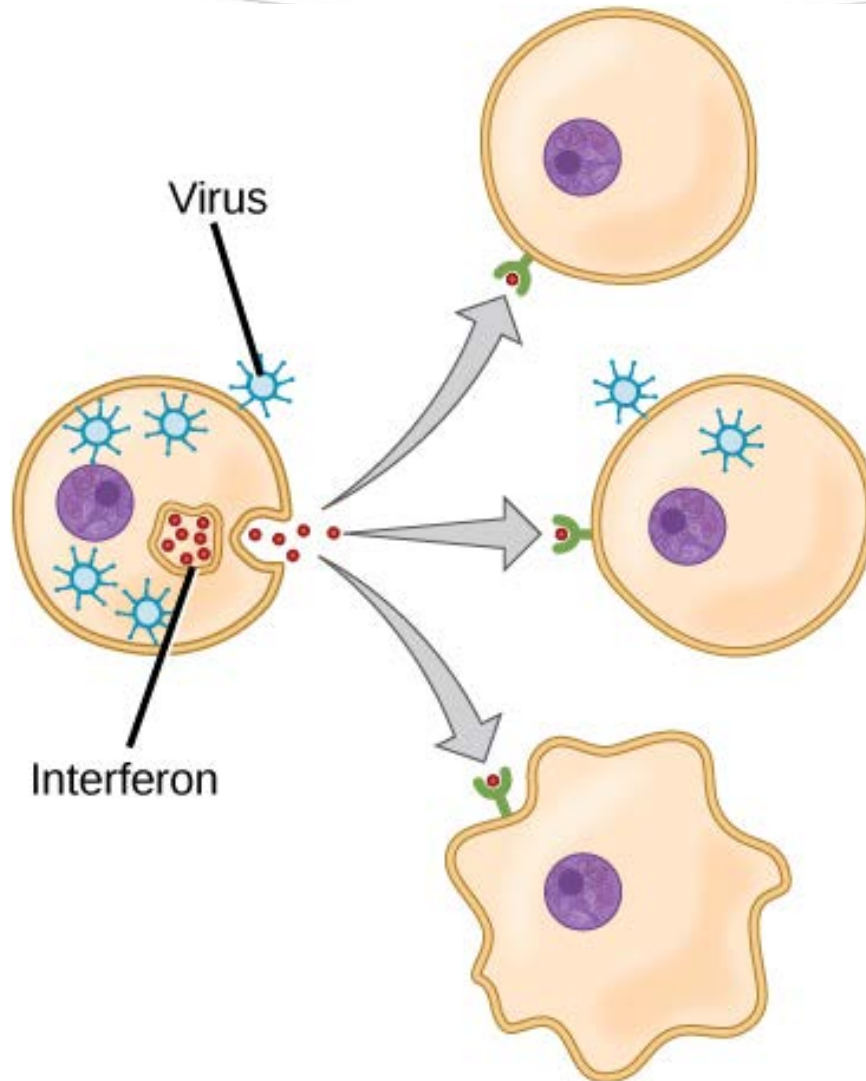
GINA KIRSAMMER AND JOHN D CRISPINO



eLIFE  
elifesciences.org

Everywhere we look, it is clear that trisomy 21 causes increased Interferon signaling

# What is interferon signaling?



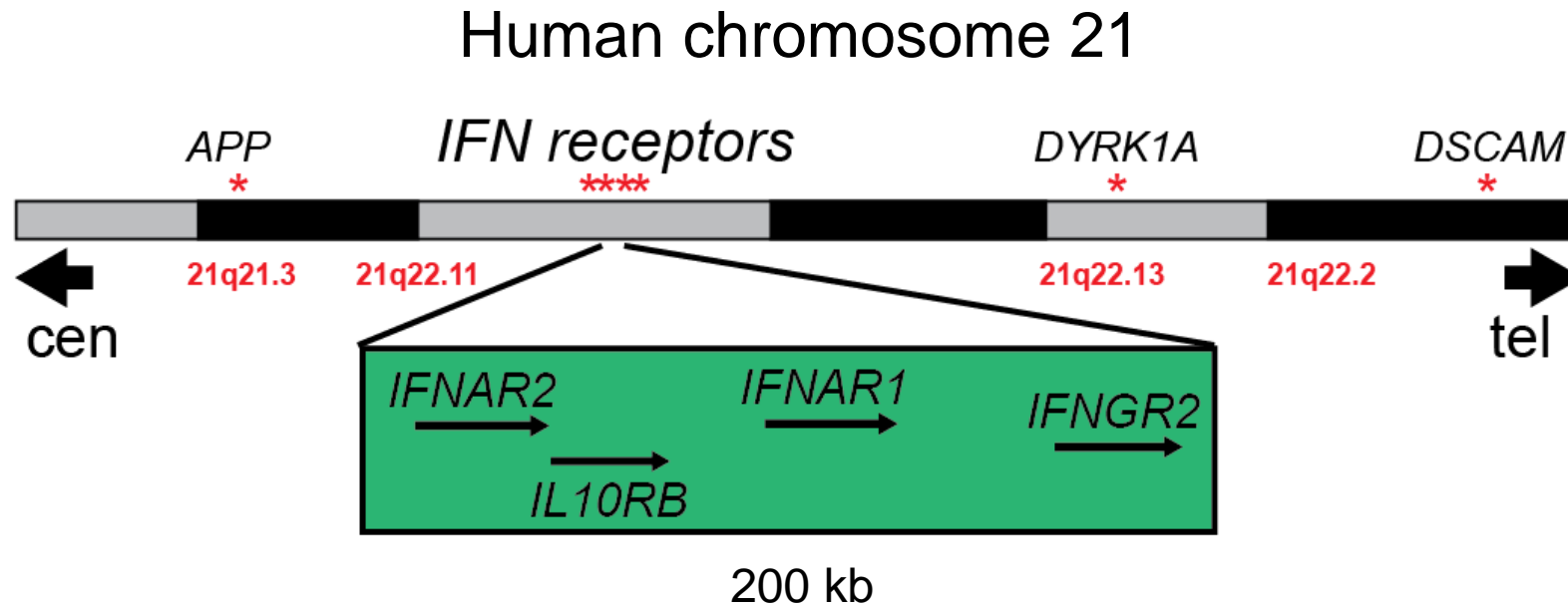
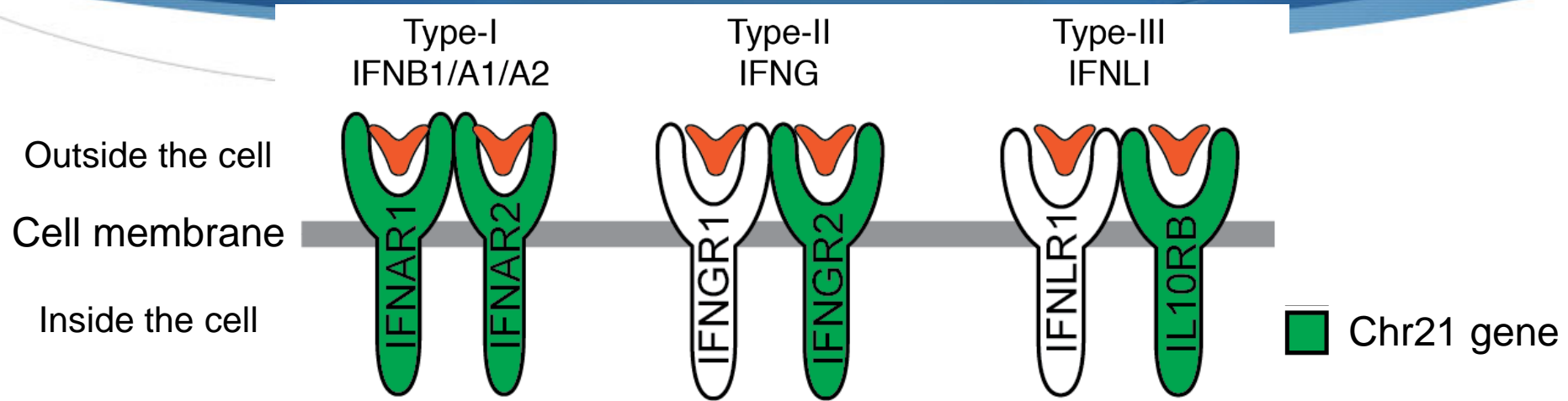
- Interferon signaling is an important part of the innate immune system
- Interferon activates many different types of immune cells
- Interferon signaling shuts down RNA and protein synthesis



# What is interferon signaling?

- ❖ The bodies of individuals with trisomy 21 are constantly fighting and infection that isn't there
- ❖ Long term activation of interferon signaling can contribute to autoimmune disorders
- ❖ Individuals with trisomy 21 may mount stronger immune responses to viral infection than typicals, with potential adverse effects

# 4 of the 6 IFN receptors are encoded on chr21!!



# Implications:

Cells from people with Down syndrome are 'hypersensitive' to Interferons.

The immune system of people with Down syndrome is 'super-charged'.

This 'super-charged' state may have both beneficial and harmful effects.

Some aspects of the immune system may be stronger (e.g. anti-tumoral activities), other aspects would be exhausted (antibacterial defenses).



# Understanding Down syndrome as an immune system disorder

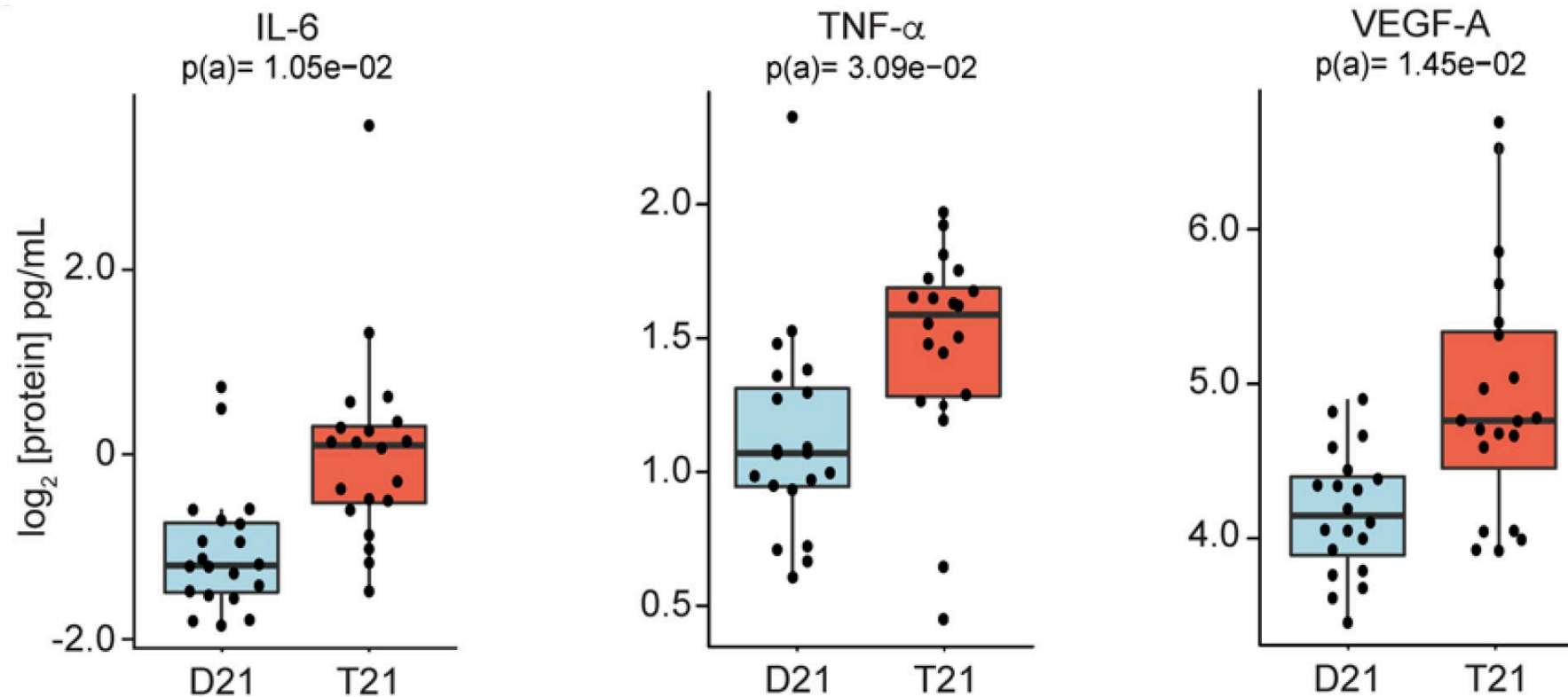
## Trisomy 21 causes changes in the circulating proteome indicative of chronic autoinflammation

Kelly D. Sullivan<sup>1,2</sup>, Donald Evans<sup>1</sup>, Ahwan Pandey<sup>1,2</sup>, Thomas H. Hraha<sup>3</sup>, Keith P. Smith<sup>1</sup>, Neil Markham<sup>1</sup>, Angela L. Rachubinski<sup>4</sup>, Kristine Wolter-Warmerdam<sup>5</sup>, Francis Hickey<sup>5</sup>, Joaquin M. Espinosa<sup>1,2,6</sup> & Thomas Blumenthal<sup>1,6,7</sup>

SCIENTIFIC REPORTS 


Published November 1<sup>st</sup>, 2017

# Understanding Down syndrome as an immune system disorder



D21: typical person    T21: Down syndrome

**On average**, people with Down syndrome have significantly elevated levels of **inflammatory proteins**



Can drugs that block the Interferon  
response cure some of the  
co-morbidities associated with  
Down syndrome?



# Alopecia areata, treated with Interferon antagonists

Alopecia Areata (autoimmune hair loss) is one of the many autoimmune conditions more prevalent in people with trisomy 21



baseline



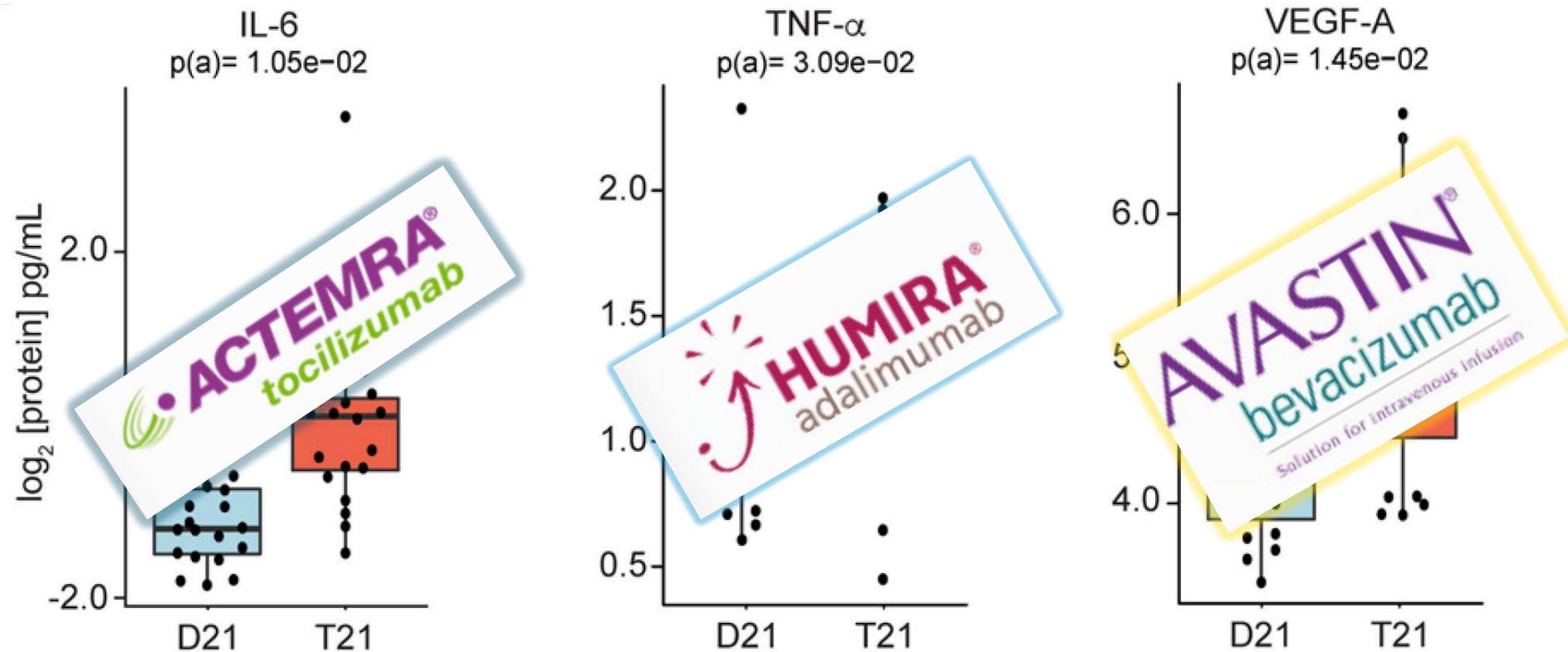
3 months



4 months

Ruxolitinib: An FDA-approved JAK inhibitor,  
a class of drugs that block the Interferon response

# Inflammatory proteins elevated in Down syndrome can also be inhibited with existing drugs



These inflammatory proteins can be inhibited  
with FDA-approved drugs!

# Conclusions

Down syndrome could be classified as an Interferonopathy, along with other genetic conditions leading to gain-of-function alterations in the Interferon pathway.

Many of the ill effects of trisomy 21 could be ameliorated, even perhaps eliminated, with inhibitors of the Interferon pathway.

# Work ahead

- 1.To define the impact of immune dysregulation on the various traits of Down syndrome.
- 2.To test the safety and efficacy of immune therapies for Down syndrome.

Both activities will require a combination of approaches, including animal and human research, and the full spectrum of basic science to clinical trials.

# **We need YOUR help**

**with increased awareness and participation**

- ❖ **Together we can create a brighter future for our children and adults with Down syndrome ...**
- ❖ Participate in Crnic Research in YOUR area
  - mouth swab for important autoimmune disease research
  - Stool samples for analysis of gut microbiome
- ❖ Host a Human Trisome Project Educational Event
- ❖ Highlight our work on your website, blogs and newsletter
- ❖ Host a fundraiser for the Crnic Institute Research