Take A Deep Breath: Lung Infection and Cognition in Down Syndrome





Michael E. Yeager Pediatrics-Cardiology; Bioengineering



Disclosure

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- Jerome LeJeune Foundation
- Jayden DeLuca Foundation
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- American Heart Association
- Linda Crnic Institute for Down Syndrome

Disclosure



Morbidity and Mortality in Persons with Down Syndrome Manifests Predominantly as Infectious Lung Disease

TABLE II. Main and Contributing Causes of Death (%) Over Three Time Periods (1969–1979, 1980–1990, and 1991–2003) in IndividualsWith Down Syndrome, Divided into Two Age Groups (<1 year, 1-year) and Levels of Significance for Changes Between the</td>Periods 1969–1979 and 1991–2003 (Percentages Will not Add to 100% Since Each Individual Can Have Multiple Diagnoses)

	P1	P1		P2		3		P1 vs. P3	
	1969–1979		1980–1990		1991–2003		- 1969-2003	P <	P <
Age	<1 year	1 year	<1 year	1 year	<1 year	1 year	All	<1 year	1 year
Infectious diseases (incl. pneumonia)	38.3	54.3	27.6	52.0	30.0	57.1	51.2	NS	ŇS
(Pneumonia)	31.0	44.0	7.6	41.7	7.1	48.7	(40.9)	0.001	NS
Congenital heart maiformations	74.3	34.6	75.2	26.1	51.4	11.3	29.4	0.001	0.001
Circulatory disease	2.3	17.3	16.2	20.6	35.7	33.3	24	0.001	0.001
Dementia	0.0	0.3	0.0	6.6	0.0	23.3	11.2		0.001
Epilepsy/seizures	0.0	5.9	1.0	9.1	1.4	15.3	9.6	NS	0.001
Atherosclerosis/ischemic heart disease	0.0	6.8	0.0	7.6	0.0	9.7	6.9		NS
Central nervous system disease	0.0	3.2	1.0	7.1	1.4	7.6	5.4	NS	0.004
Gastrointestinal disease	3.4	6.8	3.8	5.6	5.7	4.8	5.2	NS	NS
Malignancies, all	1.7	5.7	1.9	5.3	0.0	2.9	3.7	NS	0.032
Leukemia	1.7	4.3	1.9	3.3	0.0	1.1	2.2	NS	0.001
Solid tumors	0.0	1.4	0.0	2.0	0.0	1.8	1.5		NS
Other congenital malformations	14.9	1.6	11.4	1.8	17.1	0.6	3.5	NS	NS
Number of deaths	175	370	105	394	70	816	1,930		

In DS, is the problem the lung, the immune system, or both?

The Lung is Overlooked in DS



The Lung is Overlooked in DS



Infectious lung disease accounts for 54% of hospital admissions for persons with DS

Average length of admission is 2-3 times longer than those without DS

Persons with DS have increased frequency of respiratory tract infection (62 fold higher rate)

Increased risk for acute respiratory distress syndrome 16 fold, 8 fold, 335 fold more likely to be hospitalized, intubated, or to die, respectively

Infectious respiratory disease accounts for more deaths in DS than any other medical condition; 12 times more likely to die than typical population

Lung Health is Front and Center for Persons with DS and Their Families

Ever Made A Croup Tent At Home? I Did Every Year From 1983-2004



So What's the Mission, the Goal?

 Awareness! Persons with DS, autoimmunity, & lung disease
Learning how Trisomy 21 leads to respiratory & autoimmune diseases will help those with DS and those without DS

Folks with DS will feel better-physically & mentally

Post-Influenza Pneumonia

Lessons from the Flu:

Changes in Immune Cell Function in Postinfluenza Bacterial Pneumonia

Flu usually not lethal, bacterial "super" infection often is (>50% of deaths)

Associated with high levels of interferons (types I and II), IL-10, TGF-beta

Type I IFNs mediate development of postinfluenza bacterial pneumonia in mice

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Influenza-related complications continue to be a major cause of mortality worldwide. Due to unclear mechanisms, a substantial number of influenza-related deaths result from bacterial superinfections, particularly secondary pneumococcal pneumonia. Here, we report what we believe to be a novel mechanism by which influenza-induced type I IFNs sensitize hosts to secondary bacterial infections. Influenza-infected mice deficient for type I IFNs ensitize hosts to secondary bacterial infections. Influenza-infected mice deficient for type I IFNs a sensitize hosts to secondary bacterial infections. Influenza-infected mice deficient for type I IFNs ensitize infection from the lungs and blood, as compared with similarly infected wild-type animals. The less effective response in wild-type mice seemed to be attributable to impaired production of neutrophil chemoattractants KC (also known as Cxcl1) and Mip2 (also known as Cxcl2) following secondary pneumococcal pneumoniae. This resulted in inadequate neutrophil responses during the early phase of host defense against secondary bacterial infection. Indeed, influenza-infected wild-type mice cleared secondary pneumococcal pneumonia after pulmonary administration of exogenous KC and Mip2, whereas neutralization of Cxcr2, the common receptor for KC and Mip2, reversed the protective phenotype observed in *Ifnar*^{-/-} mice. These data may underscore the importance of the type I IFN inhibitory pathway on CXC chemokine production. Collectively, these findings highlight what we believe to be a novel mechanism by which the antiviral response to influenza sensitizes hosts to secondary bacterial pneumonia.

Observed in DS?



control mice. In conclusion, mild self-limiting influenza A infection renders normal immunocompetent mice highly susceptible to pneumococcal pneumonia. This increased susceptibility to secondary bacterial pneumonia is at least in part caused by excessive IL-10 production and reduced neutrophil function in the lungs. *The Journal of Immunology*, 2004, 172: 7603–7609.



portant Mediator of the Enhanced Susceptibility cal Pneumonia after Influenza Infection

Sluijs,*^{†‡} Leontine J. R. van Elden,[¶] Monique Nijhuis,[¶] Rob Schuurman,[¶] Idrine Florquin,[§] Michel Goldman,[∥] Henk M. Jansen,[†] René Lutter,^{†‡} and

umonia is a serious complication during and shortly after influenza infection. We established a mouse pneumococcal pneumonia and evaluated the role of IL-10 in host defense against *Streptococcus* rom influenza infection. C57BL/6 mice were intranasally inoculated with 10 median tissue culture (A/PR/8/34) or PBS (control) on day 0. By day 14 mice had regained their normal body weight and rom the lungs, as determined by real-time quantitative PCR. On day 14 after viral infection, mice *noniae* (serotype 3) intranasally. Mice recovered from influenza infection were highly susceptible to eumonia, as reflected by a 100% lethality on day 3 after bacterial infection, whereas control mice 3 and 83% lethality on day 6 after pneumococcal infection. Furthermore, 1000-fold higher bacterial with *S. pneumoniae* and, particularly, 50-fold higher pulmonary levels of IL-10 were observed in n in control mice. Treatment with an anti-IL-10 mAb 1 h before bacterial inoculation resulted in and markedly reduced lethality during secondary bacterial pneumonia compared with those in IgG1

In persons with DS, the lung is in a chronic state of susceptibility to severe *S.pneumoniae* pneumonia that phenocopies post-viral infection in non-DS individuals

Strong Inference

Interferonopathy

Toll-like receptors

Trisomy 21 consistently activates the

interferon response

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Immune suppression IL-10/TGF-beta

Respiratory commensal bacteria

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LETTER TO THE EDITOR

SHORT REPORT

(cc)

Interferon Action and Chromosome 21 Trisomy

In persons with DS, the lung is in a chronic state of susceptibility to severe *S.pneumoniae* pneumonia that phenocopies post-viral infection in non-DS individuals

Interferonopathy

Toll-like receptors

Immune suppression IL-10/T

Respiratory commensal bact



Fig. 1. Overview of the different PRRs involved in recognition of *S. pneumoniae*. Cell wall components and possibly PLY of extracellular bacteria are recognized by TLR2 and -4 respectively. Moreover, *S. pneumoniae* is internalized by phagocytic cells and subsequently degraded in phagosomes leading to the release of bacterial peptidoglycan and nucleic acids. While unmethylated CpG-containing DNA is sensed by TLR9 within the endosomes, other bacterial components might gain access to the cytosol possibly dependent on PLY-mediated membrane disruption. For example, pneumococcal peptidoglycan fragments are detected by NOD2 within the cytosol. Moreover, pneumococcal DNA is detected by AIM2 and by an additional still not identified cytosolic PRR. TLRs as well as NOD2 subsequently stimulate the production of NF-κB-dependent cytokines including TNFα, IL-6, KC and pro-IL-1β. While functional TNFα, IL-6 and KC are released after translation, the production of IL-1β requires a second signal. This is provided by the NLRP3 and the AIM2 inflammasomes activated by PLY and bacterial DNA, respectively, which mediate cleavage of pro-IL-1β into mature IL-1β. Sensing of *S. pneumoniae* DNA by the yet-to-be-identified cytosolic DNA sensor activates the adaptor STING and the transcription factor IRF3, and stimulates type I IFN responses.

In persons with DS, the lung is in a chronic state of

susceptibility t nature publishing group phenocopies p

Interferonopathy

Toll-like receptors

Immune suppress

Respiratory comp

Clinical Investigation

Articles

Increased production of interleukin-10 in children with Down syndrome upon ex vivo stimulation with Streptococcus pneumoniae

Chantal J.M. Broers¹, Reinoud J.B.J. Gemke¹, Servaas A. Morré^{2,3}, Michel E. Weijerman¹ and Anne Marceline van Furth⁴

BACKGROUND: Children with Down syndrome (DS) have an increased susceptibility to infections, due to altered humoral and/or cellular immunity. The aim of the study was to determine the cytokine production in whole blood of children with DS upon stimulation with heat-killed Streptococcus pneumoniae and lipopolysaccharide (LPS), in comparison with their healthy siblings.

METHODS: Whole blood of 61 children with DS and 57 of their healthy siblings was stimulated with 200 ng/ml LPS and 4×10^7 colony-forming units/ml S. pneumoniae during 6, 24, and 48h. Concentrations of pro- and anti-inflammatory cytokines, tumor necrosis factor (TNF)- α , interleukin (IL)-1 β , IL-6, IL-8, IL-12p70, and IL-10 were determined at all time points. **RESULTS:** Children with DS show an increased IL-10 production upon stimulation with S. pneumoniae compared to their carthy siblings. At most time points, no significant difference were seen in cytokine production upon stimulation with LPS. **CONCLUSION:** Children with DS may be prone to a severe course of pneumococcal pneumonia, because of an increased anti-inflammatory response.

and the adaptive immunity are reported in DS, for example, mannan-binding lectin deficiency (13), a high number of proinflammatory CD14^{dim}CD16⁺ monocytes (14), changes in Tand B-lymphocyte counts (15-17), early aging of the immune system (18,19), an intrinsic defect of T and B lymphocytes (16,20,21), IgG2 and IgG4 subclass deficiencies (16,17,21-24), impaired antibody response to pneumococcal vaccine (25), and diminished invariant natural killer T cells (14,17) and regulatory T cells (17). These lower RTIs in DS children are most often caused by viral pathogens, such as respiratory syncytial virus. This can lead to severe respiratory syncytial virus bronchiolitis, a frequent cause of hospitalization in DS children (10,26-28). Also, an increased risk of hospitalization, endotracheal intubation, and death due to influenza A virus infection was reported in DS (29). In addition, we found an increased proinflammatory cytokine response to live influza A virus in children with DS, which might contribute to an increased severity of their clinical course of this infection (30 Bacterial pathogens, both Gram positive and Gram negative, can also cause lower RTIs in children. However, nothing

In persons with DS, the lung is in a chronic state of susceptibility to sovere S neumoniae proumonia that phenocop **ORIGINAL RESEARCH** published: 23 August 2017 in Microbiology doi: 10.3389/fmicb.2017.01613 **Respiratory Commensal Bacteria** Interferonopa Corynebacterium pseudodiphtheriticum Improves **Resistance of Infant Mice to Toll-like recep Respiratory Syncytial Virus and** Streptococcus pneumoniae OPEN ACCESS **Superinfection** Immune supp Edited by: Rebeca Martín. Paulraj Kanmani^{1,2†}, Patricia Clua^{3,4†}, Maria G. Vizoso-Pinto⁵, Cecilia Rodriguez⁶, INRA Centre Jouv-en-Josas. France Susana Alvarez^{3,4}. Vvacheslav Melnikov^{7,8}. Hideki Takahashi^{9,10}. Haruki Kitazawa^{1,2*} and Reviewed by: Julio Villena^{1, 3, 4}* Naravanan Parameswaran

Respiratory commensal bacteria is different

Post-influenza, non-DS	DS
Fulminant Remodeling	?
Platelet Activating Factor Receptor (PAFR)	?
IFN signaling increase	
IL-10 signaling increase	?
TLR down	?
Immune cell dysfunction	



Subpleural cysts

Pulmonary hypoplasia

Congenital heart defects



Fig. 5 Respiratory syncytial virus bronchiolitis. Anteroposterior radiograph of the chest in a 14-month-old girl with Down syndrome shows symmetrical hyperinflation of the lungs, streaky perihilar opacities and other focal right upper lobe opacities. The girl was diagnosed with respiratory syncytial virus (RSV) bronchiolitis <u>Tissue</u>





Fig. 9 Tracheal rings. Axial CT of the chest in a 23-month-old boy with Down syndrome shows a circular configuration of the trachea (*arrow*). This along with the small caliber of the trachea is consistent with a diagnosis of complete tracheal rings



Fig. 3 Tetralogy of Fallot and esophageal atresia/tracheoesophageal fistula. Anteroposterior chest radiograph in a newborn boy shows that the heart has a boot-shaped contour with an upturned apex compatible with a diagnosis of tetralogy of Fallot. A nasoenteric tube is coiled in the upper esophageal pouch (*arrow*), consistent with esophageal atresia. The presence of bowel gas (*arrowhead*) in the upper abdomen confirms the presence of a tracheoesophageal fistula. There are also 13 pairs of ribs

We need to explore mouse models of DS more fully for these



С

<u>Organ</u>

<u>Tissue</u>

Increased PAFR facilitates increased S. pneumo adhesion

Involvement of the platelet-activating factor receptor in host defense against

Streptococcus pneumoniae during postinfluenza pneumonia

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Cell/Individual particle tracking Icy





Post-influenza, non-DS

DS

Fulminant Remodeling

PAFR

IFN signaling increase

IL-10 signaling increase

TLR down

Immune cell dysfunction

Is there A Link Between Lung Disease and Cognition in Down Syndrome?

Chil Table 1. respirato	Patient characteristics and ad	ditional morbid	evelopment	windrome population in rela	tion to parent-reported pro	sence of recurrent
Original Artic	e		RTI+ (%)	RRTI- n (%)	Total doi:10.1	Chi-squared test 1 <u>b-1/i13</u> 65-2214.2012.01413.>
Male			85 (57)	84 (48)	169 (51)	NS
Female			64 (43)	92 (52)	156 (49)	
Age at in	clusion* (mean, range and SD i	in years) 8.	14 (7.8–8.8) ± 0.14	8.15 (7.8-9.1) ± 0.16	8.14 (7.8–9.1) ± 0.15	
School at	ttendance					
Cianif	tended regular education	at of	99 (30)	142 (44)		
Signineg				enir lesp	Malory	U a C L
First	arade (normally age = -5 years)		21 (32) 33 (51) 	11 (12) ■ 62 (67)	31 (20) 95 (61)	0.018
infoction		dron			ndrom	NS
IIIECU	arental education	uren	I WILII L	JUWII Sy	ITUIUIIIE	
Primar	y or secondary education	:	24 (7)	31 (10)	55 (17)	NS
Higher	secondary education		55 (17)	63 (19)	118 (36)	NS
Univer	sity education		70 (22)	82 (25)	152 (47)	NS
R. H. J. Verstege	nstred H. mBth)M. var	ı Gamer	en ¹⁸ Oosterom	, [★] ⁰ N ^B . Fekkes, [†]	E? Dusseldorp	o, № E. de Vries*
Siblings	1/1XAZONE	1.	40 (43)	170 (52)	310 (95)	NS
alla J. F. Vallingva	e uga (4 years)	14	42 (44)	160 (49)	302 (93)	NS NS
	nital-heart-disease D1- T T	[78. (49)	64T (36) 1 1	137 (42)	0.022
Department of Pedra	sis of asthma	lospital, s-l	rertogendosch, tr	6 (3)	34 (10)	<0.001
†Department of Child	Health, Netherlands	s Organisati	ion Applied So	ciențific Research TN	NQ3 Leiden, the Ne	therlands
Eye dis	sease		77 (52)	81 (46)	158 (49)	NS
Accepted for publicati	aonneanangApril 2012		66 (44)	32 (18)	98 (30)	<0.001
Thyroid	d dysfunction		19 (13)	20 (11)	39 (12)	NS
Diabet	es mellitus		1 (<1)	2 (1)	3 (1)	NS
Other	morbidity, not specified		43 (29)	38 (22)	81 (25)	NS

*There was no significant difference in age between both groups determined by a *t*-test.

†Percentage out of all children attending regular education.

‡Parental reported morbidity.

RRTI⁺, children with respiratory tract infections; RRTI⁻, children without respiratory tract infections; NS, not significant.

Is there A Link Between Lung Disease and Cognition in Down Syndrome?

Table 2. Results of multiple regression analyses for scale scores of the McCarthy Scales of Children's Abilities (MSCA) of 8-year-old Down syndrome children with and without parent-reported recurrent respiratory tract infections (RRTI)

	RRTI⁺		RRTI⁻		Regression coefficient $+$ (eta)	Effect size‡ (f²)		
	Total (<i>n</i> = 130)	Male ($n = 75$) Female ($n = 55$)	Total (<i>n</i> = 140)	Male ($n = 69$) Female ($n = 71$)				
Verbal	33.06 (19.13)§	29.64 (19.96) 37.47 (17.18)	40.68 (16.18)	37.09 (15.72) 44.11 (16.08)	-7.33**	0.04		
Perceptual performance	26.76 (16.58)	21.80 (15.84) 33.33 (15.43)	32.34 (14.90)	28.83 (14.87) 35.93 (14.20)	-5.67**	0.03		
Quantitative	9.44 (6.80)	7.86 (6.46) 11.44 (6.75)	12.22 (6.57)	10.46 (6.75) 13.93 (5.99)	-2.61**	0.04		
Memory	10.74 (7.77)	9.27 (7.69) 12.64 (7.53)	13.94 (7.37)	11.77 (6.31 16.10 (7.77)	-3.12**	0.04		
Motor	23.23 (12.57)	20.03 (12.64) 27.47 (11.32)	27.67 (11.78)	24.99 (11.51) 30.25 (11.62)	-4.63**	0.04		
General cognitive	69.30 (40.25)	59.36 (40.22)	85.24 (34.43)	76.35 (33.60)	-15.59**	0.04		
score		82.29 (36.84)	Key messages					
Developmental age (SD in months)	3 years 8 months (10.91)	3 years 6 months (10.53) 3 years 11 months (10.66)	⁴ y (Childre	n with Down	syndrome are	known to		

Lower scores indicate more impaired development.

P* < 0.05; *P* < 0.01; ****P* < 0.001.

 $\dagger\beta$ = unstandardized regression coefficient of the effect of RRTI, correcting the effect of RRTI is the effe (>1 month), siblings, gender, congenital heart defect, diagnosis of asthma, gast ‡Effect size (f²): small effect (0.01–0.10), moderate effect (0.10–0.33) and large §Mean scores are presented with standard deviation between brackets. RRTI+, children with recurrent respiratory tract infections; RRTI-, children witho

- at increased risk of recurrent respiratory tract infections.
- In 8-year-old children with Down syndrome, parental report of recurrent respiratory infections was associated with more delayed development, increased risk of behavioural problems and lower health-related quality of life.

Lung Disease & Cognition: Tantalizing Clues



TNFalpha



Do lower learning and memory scores correlate to inflammatory cytokines?

Do repeat lung infections worsen cognitive score?



IL-1b

Take Home Messages

Individuals with DS are significantly challenged by infectious lung disease Post-influenza state of susceptibility to severe bacterial lung infection Chronic respiratory infection linked to myositis/myopathy, myocarditis, CNS inflammation

Infectious lung disease likely impacts cognition Reducing burden in DS would greatly improve QOL Reducing burden in DS may preserve cognition

The future is BRIGHT!! Great things have happened, and MUCH more is on the way ex: Amniotic fluid stem cells "trained" to patch congenital heart defects-submit July 23rd ex: Autoimmunity and Lung Disease



<u>Many</u> Thanks Kelley Colvin

Persons with DS and their families

Support

Global

Sie Center

Crnic Institute

Funding



We help the world breathe[®] Jasden DeLuca PULMONARY · CRITICAL CARE · SLEEP